



Kindergarten Social Emotional Learning/Health Curriculum

SEL	Health	ISBE Standards
Bullying Intro Lesson		3.A.1.b Identify social norms and safety considerations that guide behavior
S.S. Lesson 1 & 2		24.A.1b Identify positive verbal and nonverbal communication skills (e.g., body language, manners, listening). 1.A.1.b Demonstrate control of impulsive behavior 1.C.1.b Identify goals for academic success and classroom behavior 2.C.1.b Demonstrate appropriate social and classroom behavior
S.S. Lesson 3 & 4		
S.S. Lesson 5 & assess		
Bullying Lesson 1		24.C.1.a Demonstrate basic refusal skills 24.A.1.a Differentiate between positive and negative behaviors 3.A.1.a Explain why unprovoked acts that hurt others are wrong 3.B.1.b Make positive choices when interacting with classmates
Bullying Lesson 2		
Bullying Lesson 3		
Bullying Lesson 4 & assess (use Second Step BPU assessment)		
	Germs	22.A.1.b Identify methods of health promotion and illness prevention 22.B.1.a Encourage and support others in making positive health choices 22.D.1.a Identify positive health choices and demonstrate ways to communicate individual choices 23.B.1.a Identify healthy actions that influence the functions of the body
	Germs	

S.S. Lesson 6 & 7 A		1A stage A Performance descriptor. 1. Identify emotions (e.g., happy, surprised, sad, angry, proud, afraid) expressed in “feeling faces” or photographs. 23.C Recognize basic emotions/ feelings such as mad, sad, happy, frustrated, afraid.
S.S. Lesson 7 B & 8		
S.S. Lesson 9 & 10		
S.S. 11 & assess?		
	Performance Task- Class book	22.A.1.b Identify methods of health promotion and illness prevention 22.A.1.c Identify dangerous situations and safety methods to reduce risks 22.B.1.a Encourage and support others in making positive health choices
	Performance Task- Class book	
S.S. Lesson 12 & 13		1 C3. Identify ways to calm yourself. 1A6. Practice self talk to calm yourself. 1A 7. Practice deep breathing to calm self. 2D6. Practice self-calming techniques for anger management as a way to de-escalate conflict situations.
S.S. Lesson 14 & 15		
S.S. Lesson 16 & 17		
S.S. Lesson 18 & assess with 3 panel comic strip		
	Body parts	23.A.1.a Identify basic parts of body systems and their functions 23.C.1.a Identify individual differences in growth and development among people 23.D.1.a Locate and identify basic parts of the brain
	Body parts	
	Five senses	
	Five Senses	
	Assessment- self-portrait w/ poster paper	
S.S. Lesson 19 & 20		2.D.1.a Identify problems and conflicts commonly experienced by peers 2.D.1.b Identify approaches to
S.S. Lesson 21 & 22		

S.S. Lesson 23 & 24		resolving conflicts constructively
S.S. Lesson 25 & assess		
S.S. CPU 1		24.B.1.a Recognize how choices can affect health 24.C.1.a Demonstrate basic refusal skills
S.S. CPU 2		
S.S. CPU 3		
S.S. CPU 4		
